

“The Body Writes and Tells the Learning Story”

This is an online, one hour course introducing concepts covered more deeply in our next school based Professional Learning programme: “Body to Brain Learning @ School”

Neuroscience tells us the body leads the brain in learning how to learn. The process starts in-utero and continues to mature body systems that help us adapt and meet the requirements of current and subsequent life stages in a complex world. That includes academic learning at school.

This presentation unravels some of the practical implications that occur when the body-to-brain learning connections sometimes fail to mature in early childhood.

It focuses on the importance of neuro-motor and sensory maturity in learning answering these practical questions:

- How does our body support our learning and when does it start doing that?
- What does an immature neuro-motor and sensory system look like in our children and students? What does it sound like? How does it feel?
- How can we facilitate the development and maturation of these systems to support more efficient and effective learning?
- How can we use this information to help our practice as Educators?

Knowledge of the natural processes, practices and actions in body-to-brain led development informs the theory and work of neuro-developmental educators whose focus is to help support the development and natural maturity of critical body systems that support learning and function. This approach has applications for *all* students with neuro-developmental challenges and for those that struggle to learn and function in school and at home.

Dr Christine Payard (PhD) is one of Australia’s leading practitioners in this field with years of experience in various education and learning contexts. She has developed professional learning opportunities for educators and health care practitioners to support their knowledge and understanding of connections between neurodevelopment and learning. She teaches the concepts and practices that support the implementation of this approach in schools knowing that PD needs to support delivery of the Australian Curriculum and help teachers meet the needs of *all* students.

This presentation is an introduction to a school-based approach that is practical, based in neurodevelopmental principles, and has a growing body of international evidence to support its stories of success: **Body to Brain Learning @ School.**

Body to Brain Learning @ School covers the following broad topics: What do Educators Need to Know? And, How to Use a School Based Approach in the Australian Educational Context.

More information:

Bodytobrainlearning.com | integratingthinking.com.au

“The Body Writes and Tells the Learning Story.”:

<https://www.bodytobrainlearning.com/the-body-writes-tells-the-learning-story>

“Body to Brain Learning @ School”

<https://www.bodytobrainlearning.com/at-school-PD>

Email:

Chris@integratingthinking.com.au

Ph: +61 429 614 687

